

# APPENDIX H

## WEIGHING CLOTHING AND EQUIPMENT

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*See rule 43. This appendix shall not be changed by sailing instructions or prescriptions of national authorities.*

- H1** Items of clothing and equipment to be weighed shall be arranged on a rack. After being saturated in water the items shall be allowed to drain freely for one minute before being weighed. The rack must allow the items to hang as they would hang from clothes hangers, so as to allow the water to drain freely. Pockets that have drain-holes that cannot be closed shall be empty, but pockets or items that can hold water shall be full.
- H2** When the weight recorded exceeds the amount permitted, the competitor may rearrange the items on the rack and the equipment inspector or measurer shall again soak and weigh them. This procedure may be repeated a second time if the weight still exceeds the amount permitted.
- H3** A competitor wearing a dry suit may choose an alternative means of weighing the items.
- (a) The dry suit and items of clothing and equipment that are worn outside the dry suit shall be weighed as described above.
  - (b) Clothing worn underneath the dry suit shall be weighed as worn while *racing*, without draining.
  - (c) The two weights shall be added together.

## APPENDIX J

# NOTICE OF RACE AND SAILING INSTRUCTIONS

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*See rules 89.2(a) and 90.2. The term 'race' includes a regatta or other series of races.*

### **J1 NOTICE OF RACE CONTENTS**

#### **J1.1** The notice of race shall include the following information:

- (1) the title, place and dates of the race and name of the organizing authority;
- (2) that the race will be governed by the *rules* as defined in *The Racing Rules of Sailing*;
- (3) a list of any other documents that will govern the event (for example, *The Equipment Rules of Sailing*, to the extent that they apply), stating where or how each document or a copy of it may be seen;
- (4) the classes to race, any handicap or rating system that will be used and the classes to which it will apply, conditions of entry and any restrictions on entries;
- (5) the times of registration and warning signals for the practice race, if one is scheduled, and the first race, and succeeding races if known.

#### **J1.2** The notice of race shall include any of the following that will apply and that would help competitors decide whether to attend the event or that conveys other information they will need before the sailing instructions become available:

- (1) identification of any racing rules that will be changed, a summary of the changes, and a statement that the changes will appear in full in the sailing instructions (see rule 86);
- (2) that advertising will be restricted to Category A or that boats will be required to display advertising chosen and supplied by the organizing authority (see ISAF Regulation 20) and other information related to Regulation 20;

- (3) any classification requirements that some or all competitors must satisfy (see rule 79 and ISAF Regulation 22, Sailor Classification Code);
- (4) for an event where entries from other countries are expected, any national prescriptions that may require advance preparation;
- (5) the procedure for advance registration or entry, including fees and any closing dates;
- (6) an entry form, to be signed by the boat's owner or owner's representative, containing words such as 'I agree to be bound by *The Racing Rules of Sailing* and by all other *rules* that govern this event.';
- (7) equipment inspection, measurement procedures or requirements for measurement certificates or for handicap or rating certificates;
- (8) the time and place at which the sailing instructions will be available;
- (9) changes to class rules, as permitted under rule 87, referring specifically to each rule and stating the change;
- (10) the courses to be sailed;
- (11) the penalty for breaking a rule of Part 2, other than the Two-Turns Penalty;
- (12) denial of the right of appeal, subject to rule 70.5;
- (13) the scoring system, if different from the Low Point System in Appendix A, the number of races scheduled and the minimum number that must be completed to constitute a series;
- (14) prizes.

## **J2 SAILING INSTRUCTION CONTENTS**

### **J2.1** The sailing instructions shall include the following information:

- (1) that the race will be governed by the *rules* as defined in *The Racing Rules of Sailing*;
- (2) a list of any other documents that will govern the event (for example, *The Equipment Rules of Sailing*, to the extent that they apply);

- (3) the schedule of races, the classes to race and times of warning signals for each class;
- (4) the course(s) to be sailed, or a list of *marks* from which the course will be selected and, if relevant, how courses will be signalled;
- (5) descriptions of *marks*, including starting and finishing *marks*, stating the order and side on which each is to be left and identifying all rounding *marks* (see rule 28.1);
- (6) descriptions of the starting and finishing lines, class flags and any special signals to be used;
- (7) the time limit, if any, for *finishing*;
- (8) the handicap or rating system to be used, if any, and the classes to which it will apply;
- (9) the scoring system, if different from the Low Point System in Appendix A, included by reference to Appendix A, to class rules or other *rules* governing the event, or stated in full. State the number of races scheduled and the minimum number that must be completed to constitute a series.

**J2.2** The sailing instructions shall include those of the following that will apply:

- (1) that advertising will be restricted to Category A (see ISAF Regulation 20) and other information related to Regulation 20;
- (2) replacement of the rules of Part 2 with the right-of-way rules of the *International Regulations for Preventing Collisions at Sea* or other government right-of-way rules, the time(s) or place(s) they will apply, and any night signals to be used by the race committee;
- (3) changes to the racing rules permitted by rule 86, referring specifically to each rule and stating the change (if rule 86.2 applies, state the authorization);
- (4) changes to the national prescriptions (see rule 88);
- (5) when appropriate, at an event where entries from other countries are expected, a copy in English of the national prescriptions that will apply;
- (6) changes to class rules, as permitted under rule 87, referring specifically to each rule and stating the change;

- (7) restrictions controlling changes to boats when supplied by the organizing authority;
- (8) the registration procedure;
- (9) measurement or inspection procedure;
- (10) location(s) of official notice board(s);
- (11) procedure for changing the sailing instructions;
- (12) safety requirements, such as requirements and signals for personal flotation devices, check-in at the starting area, and check-out and check-in ashore;
- (13) declaration requirements;
- (14) signals to be made ashore and location of signal station(s);
- (15) the racing area (a chart is recommended);
- (16) approximate course length and approximate length of windward legs;
- (17) description of any area designated by the race committee to be an *obstruction* (see the definition *Obstruction*);
- (18) the time limit, if any, for the first boat to *finish* and the time limit, if any, for boats other than the first boat to *finish*;
- (19) time allowances;
- (20) the location of the starting area and any restrictions on entering it;
- (21) any special procedures or signals for individual or general recall;
- (22) boats identifying *mark* locations;
- (23) any special procedures or signals for changing a leg of the course (see rule 33);
- (24) any special procedures for shortening the course or for *finishing* a shortened course;
- (25) restrictions on use of support boats, plastic pools, radios, etc.; on trash disposal; on hauling out; and on outside assistance provided to a boat that is not *racing*;
- (26) the penalty for breaking a rule of Part 2, other than the Two-Turns Penalty;

- (27) under rule 86.1(b), a change to the number of hull lengths determining the *zone*;
- (28) whether rule 67 or Appendix P will apply;
- (29) protest procedure and times and place of hearings;
- (30) if rule N1.4(b) will apply, the time limit for requesting a hearing under that rule;
- (31) when required by rule 70.3, the national authority to which appeals and requests may be sent and, when applicable, subject to rule 70.5 denial of the right of appeal;
- (32) the national authority's approval of the appointment of an international jury, when required under rule 91(b);
- (33) substitution of competitors;
- (34) the minimum number of boats appearing in the starting area required for a race to be started;
- (35) when and where races *postponed* or *abandoned* for the day will be resailed;
- (36) tides and currents;
- (37) prizes;
- (38) other commitments of the race committee and obligations of boats.

## APPENDIX K

### NOTICE OF RACE GUIDE

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*This guide provides a notice of race designed primarily for major championship regattas for one or more classes. It therefore will be particularly useful for world, continental and national championships and other events of similar importance. It can be downloaded from the ISAF website ([www.sailing.org](http://www.sailing.org)) as a basic text for producing a notice of race for any particular event.*

*The guide can also be useful for other events. However, for such events some of the paragraphs will be unnecessary or undesirable. Organizing authorities should therefore be careful in making their choices.*

*This guide relates closely to Appendix L, Sailing Instructions Guide, and its expanded version Appendix LE on the ISAF website, the introduction to which contains principles that also apply to a notice of race.*

*To use this guide, first review rule J1 and decide which paragraphs will be needed. Paragraphs that are required by rule J1.1 are marked with an asterisk (\*). Delete all inapplicable or unnecessary paragraphs. Select the version preferred where there is a choice. Follow the directions in the left margin to fill in the spaces where a solid line ( \_\_\_\_\_ ) appears and select the preferred wording if a choice or option is shown in brackets ([ . . . ]).*

*After deleting unused paragraphs, renumber all paragraphs in sequential order. Be sure that paragraph numbers are correct where one paragraph refers to another.*

*The items listed below, when applicable, should be distributed with the notice of race, but should not be included as numbered paragraphs in the notice.*

- 1 An entry form, to be signed by the boat's owner or owner's representative, containing words such as 'I agree to be bound by The Racing Rules of Sailing and by all other rules that govern this event.'*

- 2 *For an event where entries from other countries are expected, the applicable national prescriptions in English.*
- 3 *List of sponsors, if appropriate.*
- 4 *Lodging and camping information.*
- 5 *Description of meal facilities.*
- 6 *Race committee and protest committee members.*
- 7 *Special mooring or storage requirements.*
- 8 *Sail and boat repair facilities and ship's chandlers.*
- 9 *Charter boat availability.*

*On separate lines, insert the full name of the regatta, the inclusive dates from measurement or the practice race until the final race or closing ceremony, the name of the organizing authority, and the city and country.*

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## NOTICE OF RACE

### 1 RULES

**1.1\*** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

*Use the first sentence if appropriate. Insert the name. List by number and title the prescriptions that will not apply (see rule 88). Use the second sentence if it applies and if entries from other countries are expected, and state the relevant prescriptions in full.*

**1.2** [The following prescriptions of the \_\_\_\_\_ national authority will not apply: \_\_\_\_\_.]  
[The prescriptions that may require advance preparation are stated in full below.]

**(OR)**

*Use only if the national authority for the venue of*

**1.2** No national prescriptions will apply.

*the event has not adopted a prescription to rule 88.*

*List by name any other documents that govern the event; for example, The Equipment Rules of Sailing, to the extent that they apply.*

**1.3\*** \_\_\_\_\_ will apply.

*See rule 86. Insert the rule number(s) and summarize the changes.*

**1.4** Racing rule(s) \_\_\_\_\_ will be changed as follows: \_\_\_\_\_. The changes will appear in full in the sailing instructions. The sailing instructions may also change other racing rules.

*Insert the rule number(s) and class name. Make a separate statement for the rules of each class.*

**1.5** Under rule 87, rule(s) \_\_\_\_\_ of the \_\_\_\_\_ class rules [will not apply] [is (are) changed as follows: \_\_\_\_\_].

**1.6** If there is a conflict between languages the English text will take precedence.

## **2 ADVERTISING**

*See ISAF Regulation 20. Include other applicable information related to Regulation 20.*

**2.1** Advertising will be restricted to Category A.

*See ISAF Regulation 20.3(d).*

**2.2** Boats may be required to display advertising chosen and supplied by the organizing authority.

## **3\* ELIGIBILITY AND ENTRY**

*Insert the class(es).*

**3.1** The regatta is open to all boats of the \_\_\_\_\_ class(es).

**(OR)**

*Insert the class(es) and eligibility requirements.*

**3.1** The regatta is open to boats of the \_\_\_\_\_ class(es) that \_\_\_\_\_.

*Insert the postal, fax and e-mail addresses and entry closing date.*

**3.2** Eligible boats may enter by completing the attached form and sending it, together with the required fee, to \_\_\_\_\_ by \_\_\_\_\_.

*Insert any conditions.*      **3.3**      Late entries will be accepted under the following conditions: \_\_\_\_\_.

*Insert any restrictions.*      **3.4**      The following restrictions on the number of boats apply: \_\_\_\_\_.

## **4 CLASSIFICATION**

*Insert any requirements.*      The following classification requirements will apply (see rule 79): \_\_\_\_\_.

## **5 FEES**

*Insert all required fees for racing.*      **5.1**      Required fees are as follows:

<i>Class</i>	<i>Fee</i>
_____	_____
_____	_____
_____	_____

*Insert optional fees (for example, for social events).*      **5.2**      Other fees:  
\_\_\_\_\_  
\_\_\_\_\_

## **6 QUALIFYING SERIES AND FINAL SERIES**

*Use only when a class is divided into fleets racing a qualifying series and a final series.*      The regatta will consist of a qualifying series and a final series.

## **7 SCHEDULE**

*Insert the day, date and times.*      **7.1\***      Registration:  
Day and date \_\_\_\_\_  
From \_\_\_\_\_ To \_\_\_\_\_

*Insert the day, date and times.*      **7.2**      Measurement and inspection:  
Day and date \_\_\_\_\_  
From \_\_\_\_\_ To \_\_\_\_\_

*Revise as desired and insert the dates and classes. Include a practice race if any. When the series consists of qualifying races and final races, specify them. The schedule can also be given in an attachment.*

<b>7.3*</b>	Dates of racing:		
	<i>Date</i>	<i>Class</i> _____	<i>Class</i> _____
	_____	racing	racing
	_____	racing	reserve day
	_____	reserve day	racing
	_____	racing	racing
	_____	racing	racing

*Insert the classes and numbers.*

<b>7.4</b>	Number of races:		
	<i>Class</i>	<i>Number</i>	<i>Races per day</i>
	_____	_____	_____
	_____	_____	_____

*Insert the time.*

**7.5\*** The scheduled time of the warning signal for the [practice race] [first race] [each day] is \_\_\_\_\_.

## **8 MEASUREMENTS**

Each boat shall produce a valid [measurement] [rating] certificate.

**(OR)**

*List the measurements with appropriate references to the class rules.*

Each boat shall produce a valid [measurement] [rating] certificate. In addition the following measurements [may] [will] be taken: \_\_\_\_\_.

## **9 SAILING INSTRUCTIONS**

*Insert the time, date and location.*

The sailing instructions will be available after \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_.

## **10 VENUE**

*Insert a number or letter. Provide a marked map with driving instructions.*

**10.1** Attachment \_\_\_\_\_ shows the location of the regatta harbour.

*Insert a number or letter. Provide a marked map or chart.*

**10.2** Attachment \_\_\_\_\_ shows the location of the racing areas.

## 11 THE COURSES

*Include the description.*

The courses to be sailed will be as follows:  
\_\_\_\_\_.

**(OR)**

*Insert a number or letter.  
A method of illustrating  
various courses is shown  
in Addendum A of  
Appendix L or LE. Insert  
the course length if  
applicable.*

The diagrams in Attachment \_\_\_\_\_ show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. [The approximate course length will be \_\_\_\_\_.]

## 12 PENALTY SYSTEM

*Include paragraph 12.1  
only when the Two-Turns  
Penalty will not be used.  
Insert the number of  
places or describe the  
penalties.*

**12.1** The Scoring Penalty, rule 44.3, will apply.  
The penalty will be \_\_\_\_\_ places.

**(OR)**

**12.1** The penalties are as follows: \_\_\_\_\_.

*Insert the class(es).*

**12.2** For the \_\_\_\_\_ class(es) rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

*Include only if the protest  
committee is an  
international jury or  
another provision of rule  
70.5 applies. Use 'jury'  
only if referring to an  
international jury.*

**12.3** Decisions of the [protest committee] [jury] will be final as provided in rule 70.5.

## 13 SCORING

*Include only if the Low  
Point System is replaced  
by the Bonus Point  
System.*

**13.1** The Bonus Point System of Appendix A will apply.

**(OR)**

*Include only if neither of  
the Appendix A scoring  
systems will be used.  
Describe the system.*

**13.1** The scoring system is as follows: \_\_\_\_\_.

*Insert the number.*

**13.2** \_\_\_\_\_ races are required to be completed to constitute a series.

*Insert the numbers throughout.*

- 13.3**
- (a) When fewer than \_\_\_\_\_ races have been completed, a boat's series score will be the total of her race scores.
  - (b) When from \_\_\_\_\_ to \_\_\_\_\_ races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
  - (c) When \_\_\_\_\_ or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

**14 SUPPORT BOATS**

*Insert the identification markings. National letters are suggested for international events.*

Support boats shall be marked with \_\_\_\_\_.

**15 BERTHING**

Boats shall be kept in their assigned places in the [boat park] [harbour].

**16 HAUL-OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

**17 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

**18 RADIO COMMUNICATION**

*Insert any alternative text that applies. Describe the radio communication bands or frequencies that will be used or allowed.*

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

**19 PRIZES**

*If perpetual trophies will be awarded state their complete names.*

Prizes will be given as follows: \_\_\_\_\_.

**20 DISCLAIMER OF LIABILITY**

*The laws applicable to the venue in which the event is held may limit disclaimers. Any disclaimer should be drafted to comply with those laws.*

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**21 INSURANCE**

*Insert the currency and amount.*

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \_\_\_\_\_ per event or the equivalent.

**22 FURTHER INFORMATION**

*Insert necessary contact information.*

For further information please contact \_\_\_\_\_.